

GHANA HEALTH SERVICE

ASUTIFI NORTH DISTRICT HEALTH DIRECTORATE



NUTRITIONAL SERVICES AVAILABLE

DECEMBER, 2020

REPORT ON NUTRITION INTERVENTIONS IMPLEMENTED IN 2020

Health and nutrition are inter-twined and inseparable. The foods we eat make us whether one will look plump, tall, short/stunted, wasted or underweight depends on the prevailing food environment. The effects of nutrient deficiency can be deleterious. For instance, Measles killed a lot of children in the 1980s but the introduction of Vitamin A supplementation coupled with Measles vaccination, mortality resulting from measles has declined considerably.

The various nutrition interventions implemented in 2020 in the Asutifi North District were done in collaboration with the Asutifi North District Assembly, Ministry of Health, Ghana Health Service and Ghana Education Service. These interventions were funded by UNICEF, WHO, JICA and other development partners. The interventions were:

1. Exclusive breastfeeding
2. Infant and young child feeding
3. Vitamin A supplementation
4. School feeding
5. Girls iron and folic acid tablet supplementation in schools
6. Nutrition friendly school initiative
7. Wellness clinic for the control and prevention of non-communicable diseases
8. School screening
9. Maternal and Child Health record book

LIST OF NUTRITION INTERVENTIONS

1. Vitamin A Supplementation
2. Exclusive Breastfeeding
3. Infant and Young Child Feeding
4. School Screening
5. School Feeding
6. Girls Iron and Folic Acid Tablet Supplementation in Schools
7. Maternal And Child Health Record Book
8. Nutrition Friendly School Initiative
9. Wellness Clinic for The Control and Prevention of Non-Communicable Diseases

.....
(Laar Salaam Dam-Park)
District Disease Control Officer

