

ASUTIFI NORTH DISTRICT ASSEMBLY
NUTRITION ORIENTATION AND FOOD HYGIENE

1.0 Introduction

Ghana School Feeding programme remains vital social intervention initiative that had been assisting pupils especially within the vulnerable bracket group to attend school on regular basis. In the Asutifi North District, a total of 5,294 are benefiting from the Ghana School Feeding Program in 92 public schools.

In order to improve delivery, the School Feeding Coordinator in collaboration with the Environmental Health Office, Ghana Health Service and Agricultural Department organised orientation on nutrition and food hygiene for the caterers and food vendors to equip them with the basic ways of improving hygiene and food content.

1.1 Date and Venue of the Durbar

The durbar was organised on 15th October, 2021 and the venue was at the durbar grounds in Kenyasi No.2.

1.2 Participants

The participants of the programme included the District Director of Agriculture, the District Health Director, the Nutrition Officer, the Environmental Health Officer, the District Director Ghana Education Service, all school feeding caterers (16 all females), Assembly staff and food vendors (32 females and 7 males). In total of 87 participants attended the orientation exercise.

1.3 Series of Activities

The District Nutrition Officer begun the programme by educating the caterers and food vendors on the best ways of improving nutrition in the foods they prepare. She also exhibited to the gathering the various ways in which food can lose its nutrients through over cooking and vice versa.

Finally, presentation was made on the food combinations that are appropriate for the growth and development of the beneficiary pupil and the caterers were admonished to adhere to those combinations in order to achieve the main objective of the School Feeding Program.

The District Environmental Health Officer, made a presentation on the various ways of handling food in order to keep it hygienic and safe for human consumption. He also cautioned the food vendors to regularly wash their bowls in hot waters to prevent contamination.

The District Director of Education on the other hand admonished caterers to be punctual in the delivery of food to the pupil as few of them have been absenting themselves from duties especially in the typical areas.

1.4 Cooking Contest

The program ended with a cooking contest among all the caterers and a team led by the District Agricultural Director examined all the food prepared.

GALLERY





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